

2008 Town & Country Talks

FOR PARENTS • GRANDPARENTS • CAREGIVERS • EDUCATORS

Parenting/Grandparenting A Child With Special Needs



Most parents, grandparents and other caregivers try to prepare for child-raising. But few feel prepared for a child with special needs and challenges. This workshop will give you an understanding of the issues commonly faced, as well as solutions-focused problem solving techniques for handling the most

common challenges:

- Temper tantrums
- Awkward social judgment
- Unexpected outbursts
- Poor academic achievement
- Inadequate impulse control

Facilitated by Mary Brandt, MSW, PhD *Director of Social Services, Assistant Director of Special Education, Grove Public Schools Visiting Lecturer, OU-Tulsa*

Tuesday, March 11 • 7:00 – 8:30 p.m. • \$20 per person / \$35 per couple

Teaching Children Boundaries



Teaching children how to establish and protect *their own* boundaries helps to keep them safe from physical and psychological harm. Teaching children how to respect *others'* boundaries helps them to have better social interactions and relationships. A healthy understanding of boundaries – relationship boundaries, personal space boundaries, verbal

boundaries and behavioral boundaries – can help children develop:

- Improved social skills
- Healthier relationships
- Enhanced family relationships
- More effective assertiveness
- Improved emotional regulation
- Increased self-esteem

Facilitated by Tonia Caselman, MSW, PhD *Assistant Professor, OU-Tulsa*

Thursday, April 17 • 7:00 – 8:30 p.m. • \$20 per person / \$35 per couple

Where: Town & Country School Gymnasium, 5150 East 101st Street, Tulsa, Oklahoma

Workshops fill up fast. Make your reservation today!

Contact Kate Davis – 918-296-3113 x15 / kdavis@tandcschool.org

Town & Country School's program is designed specifically to serve the needs of students with learning disabilities and attentional disorders

Town & Country
SCHOOL